



INTERNATIONAL
PATIENT SUMMIT



3RD INTERNATIONAL PATIENT SUMMIT 2026



“From Rare to Common: Uniting Patient Voices for Better Health”

PAIR in collaboration with DakshamA Health is pleased to share the concept note for our **3rd International Patient Summit (IPS 3)**. This is the 3rd regional event for all stakeholders working to improve healthcare systems within their countries. **IPS 3** will bring together expertise and experience to build on the principles of **multi-stakeholder collaboration across the Asia-Pacific region**, established at the previous International Patient Summits.

The Imperative: Unmasking the Asia-Pacific Health Gaps

The Asia-Pacific region, a dynamic engine of global economic growth and a powerhouse of pharmaceutical manufacturing, simultaneously faces some of the world’s most persistent health equity challenges. This duality—of enormous capacity paired with profound access gaps—forms the urgent mandate for IPS 3. We cannot discuss Innovation without addressing who is excluded, nor Access without examining how it is funded. To ensure healthcare is truly resilient, equitable, and sustainable, we must move beyond simple dialogue to **co-designing actionable solutions**. This requires bringing together the unique expertise of researchers, the implementational power of policy makers, the investment capacity of industry, and the *essential perspective of lived experience*.

Healthcare systems across the world are undergoing a profound transformation driven by advances in **precision medicine, genomics, digital health, and patient-centred care models**. At the same time, the global burden of **non-communicable diseases (NCDs)**, including **cardiovascular diseases, lung diseases, cancers, and rare diseases**, continues to rise, placing significant strain on health systems and communities.

In this evolving landscape, **patients are no longer passive recipients of care but active partners in shaping health policies, research priorities, innovation pathways, and healthcare delivery**. Patient organisations increasingly contribute real-world insights, lived experience, and community engagement that can strengthen regulatory frameworks, health technology assessments, and clinical research.

The **International Patient Summit** was established as a global platform to elevate the **patient voice in health policy, research, and innovation**. Building on the success of the first two editions, the **Third International Patient Summit** will bring together **patients, policymakers, clinicians, researchers, regulators, industry leaders, and civil society organisations** to explore the evolving role of patients in the era of precision health.

SUMMIT THEME

The Summit theme *“From Rare to Common: Uniting Patient Voices for Better Health”*

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The theme “**From Rare to Common: Uniting Patient Voices for Better Health**” highlights the shared challenges and opportunities across the spectrum of diseases—from rare conditions affecting small patient populations to widespread non-communicable diseases such as cardiovascular disease, diabetes, and chronic respiratory illnesses. While these conditions differ in prevalence and clinical complexity, patients across all disease areas face common barriers including delayed diagnosis, gaps in access to care, limited awareness, and insufficient inclusion in healthcare decision-making.

This theme recognises that patients and caregivers possess invaluable lived experiences that can help shape more responsive and equitable healthcare systems. By bringing together patient leaders, policymakers, clinicians, researchers, and industry stakeholders, the summit aims to amplify the collective patient voice and promote stronger collaboration across disease communities.

Advances in **precision medicine, genomics, and digital health** are transforming the way diseases are understood and treated. Ensuring that these innovations reflect patient needs requires meaningful patient engagement in research, policy, and healthcare delivery. The summit will explore how patient insights can drive innovation, improve patient safety, and strengthen health systems.

By uniting voices from rare and common disease communities, the summit seeks to advance a shared vision of healthcare that is **inclusive, patient-centred, and responsive to the needs of all**.

1. Strengthen patient engagement in health policy, research, regulatory decision-making, and healthcare delivery.
2. Promote cross-sector collaboration among patient organisations, governments, academia, and industry.
3. Highlight emerging innovations in precision medicine and genomics and their implications for patient communities.
4. Address priority health challenges, including rare diseases, cardiovascular diseases, and lung health.
5. Advance patient safety and quality of care through patient-centred approaches.
6. Share global best practices in patient engagement, patient experience, and co-creation of health solutions.
7. Develop a roadmap for patient partnership in emerging health technologies and policy frameworks.



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WHY IPS 3?

IPS 3 is a great platform to bring together the patient movement in region closer together. The Summit aims to bring together around 150 -200 patient advocates in person and several online, in the Asia-Pacific region to share their insights, perspectives, experiences and best practices on the need for climate triggered illnesses in the region. It is also an opportunity for PAIR to promote its mission to help build patient-centered healthcare across the region and to encourage the formation of national alliances of patient groups. The Summit is organized by PAIR and co-delivered by Dakshayani and Amaravati Health and Education (DakshamA Health).

OBJECTIVE

The Third International Patient Summit aims to:

1. **Strengthen patient engagement** in health policy, research, regulatory decision-making, and healthcare delivery.
2. **Promote cross-sector collaboration** among patient organisations, governments, academia, and industry.
3. **Highlight emerging innovations** in precision medicine and genomics and their implications for patient communities.
4. **Address priority health challenges**, including rare diseases, cardiovascular diseases, and lung health.
5. **Advance patient safety and quality of care** through patient-centred approaches.
6. **Share global best practices** in patient engagement, patient experience, and co-creation of health solutions.
7. **Develop a roadmap for patient partnership** in emerging health technologies and policy frameworks.

TARGET AUDIENCE

The Summit is targeted at the regional healthcare stakeholders and will include:

- Patient advocates
- Government and policy makers
- Industry representatives
- Healthcare professionals
- Academics and researchers
- Regulators



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DakshamA Health & Education
Your Voice Your Choices

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ABOUT THE ORGANIZERS

PAIR

The PAIR Academy is set-up to develop and maintain capacity amongst patients across the globe, so that they can engage with their health-systems in a more meaningful and strategic manner and can be equipped to better care for themselves and others, by framing their experience with an evidence-based expertise and share with patients with same or similar conditions and diseases.

The PAIR Academy is envisioned as an enabling environment that will offer capacity building, knowledge and experience exchange and create a base of expert-patients in specific topic and disease areas, capable to be involved in and enjoy the healthcare excellence.

Where required, PAIR Academy also undertakes specific research and involves patients as coinvestigators, co-authors, and expert advisors to enhance the quality of research inputs. Patients and families, especially caregivers, often lack the knowledge and information needed to be able to express their needs and experiences in a coherent manner. Many are passionate about the cause but do not have the tools to reach out to other families and patients or capture the experiences to distill them into scientific knowledge that can be used by various stakeholders to build better systems of healthcare. The Patient Academy was set up to fulfil this gap and enable patients to learn at their own pace and time. The platform uses open-source software and has been set up by patients themselves.

DakshamA Health:

DakshamA Health aims to serve the Health and Education Sector, and work on capacity building, awareness generation and health education for the service providers as well as patients and caregivers. Since 2012 DakshamA has successfully conducted several projects in the health space and the work spans around Chronic Non-Communicable and Rare Diseases.

DakshamA is committed to empowering the community with an accessible, efficient healthcare system that improves the safety and quality of care of patients with diseases and works on capacity building and awareness in India, through prevention, advocacy, education, and collaboration amongst stakeholders within the community. DakshamA occupies a niche segment in the healthcare space, with an Advisory Board comprising some of the best clinical specialists in India. DakshamA strongly supports the belief that most diseases are preventable through early education and proper health management, use of technology and Information provision through IT and modern methods of healthcare.